

## ABSTRACT

It is an air-filled cushioning material which sufficiently protects an article to be protected with less possibility of rupture of sheets against an external force to a compartment thereof or wild bounding in falling. The air-filled cushioning material 1 formed of non-breathable soft resin sheets has a compartment area 2 that produces cushioning effect by filling it with air. The compartment area 2 is separated into a first compartment 21 and an adjacent second compartment 22, both compartments 21, 22 communicating with each other via an air-flow passage 7. The air-flow passage 7 allows an air-flow to pass from either of the compartments 21, 22 to the other while applying resistance. The air moves from either of the compartments 21, 22 which accepts an external force P to the other through the air-flow passage 7.